Psalm 107

4. And by that way which was most right, he led them like a guide:
   That they might to a city go, and there also abide.
8. Let men therefore before the Lord confess his goodness then:
   And show the wonders that he doth before the sons of men.

5. For he the empty soul sustained, whom thirst had made to faint:
   The hungry soul with goodness fed, and did them eke acquaint.
10. Such as do dwell in darkness deep, where they of death do wait:
    Fast bound to taste such troublous storms as iron chains do threat.

6. For that against the Lord’s own words they fought so to rebel:
    Esteeming light his counsels high, which do so far excel.
12. But when he humbled them full low, they then fell down with grief:
    And none was found, so much to help, whereby to get relief.

7. Then did they cry in their distress, unto the Lord for aid:
    Who did remove their troublous state, according as they prayed.
14. For he from darkness out them brought, and from death’s dreadful shade:
    Bursting with force the iron bands, which did before them lade.57

8. Let men therefore before the Lord confess his kindness then:
   And show the wonders that he doth before the sons of men.
16. For he threw down their gates of brass, and brake them with strong hand:
    The iron bars he smote in two, nothing could him withstand.

9. The foolish folk great plagues do seal, and cannot from them wend:58
   But heap on more to those that have, because they do offend.
18. Their soul so much did loath all meat, that none they could abide:
    Whereby death had them almost caught, as they full truly tried.

10. Then did they cry in their distress, unto the Lord for aid:
    Who did remove their troublous state, according as they prayed.
20. For he then sent to them his word, which health did soon restore:
    And brought them from those dangers deep, wherein they were before.

11. Let men therefore before the Lord, confess his kindness then:
    And show the wonders that he doth, before the sons of men.
22. And let them offer sacrifice with thanks and also fear:
    And speak of all his wondrous works with glad and joyful cheer.

12. Such as in ships or brittle barks, into the seas descend:
    Their merchandise through fearful floods to compass and to end.
24. Those men are forced to behold the Lord’s works, what they be:
    And in the dangerous deep the same most marvellous they see.

13. For at his word, the stormy wind, ariseth in a rage:
    And stirreth up the surges so, as nought can them assuage.
26. Then are they lifted up so high, the clouds they seem to gain.
    And plunging down the depth until, their souls consume with pain.

14. And like a drunkard, to and fro, now here, now there they reel:
    As men with fear of wit bereft, or had of sense no feel.
28. Then did they cry in their distress, unto the Lord for aid:
    Who did remove their troublous state, according as they prayed.

57 To load oppressively; burden.
58 To change into another state.
For with his word the Lord doth make the sturdy storm to cease: So that the great waves from their rage are brought to rest and peace.

Tehn are men glad when rest is come, which they so much do crave: And are by him in heaven brought, which they so fain would have.

Let men therefore before the Lord confess his kindness then: And show the wonders that he doth, before the sons of men.

Let men in presence of the folk with praise extol his name: And where the elders do convent, let them there do the same.

For running floods to dry deserts he doth oft change and turn: And drieth up, as it were dust, the springing well and burn.

A fruitful land with pleasures decked, full barren doth he make: When or their sins, which dwell therein, he doth just vengeance take.

Again the wilderness full rude he maketh fruit to bear: With pleasant springs of water clear though none before were there.

Wherein such hungry souls are set, as they doth freely choose: That they a city may them build, to dwell in for their use.

That they may sow their pleasant land, and vineyards also plant: To yield them fruits of such increase, as none may seem to want.

They multiply exceedingly, the Lord doth bless them so: Who doth also their brute beasts make by numbers great to grow.

But when the faithful are low brought, by the oppressors stout: And ‘minish do through many plagues, that compass them about.

Then doth he princes bring to shame, which did them so oppress: And likewise caused them to err, within the wilderness.

But yet the poor he raiseth up out of his troubles deep: And oft times doth his train augment, much like a flock of sheep.

The righteous shall behold this sight, and also much rejoice: Whereas the wicked and perverse with grief shall stop their voice.

But who is wise, that now full well he may these things record? For certainly such shall perceive the kindness of the Lord.